

Iowa Department of Administrative Services

State of Iowa 401(a) Plan

INVESTMENTS PERFORMANCE

As of 06/30/2010

The performance data quoted represents past performance, and is no guarantee of future results. Your returns and the principal value of your investment will fluctuate so that your mutual fund shares/variable annuity account accumulation units, when redeemed, may be worth more or less than their original cost. Current performance may be lower or higher than the performance quoted. For performance current to the most recent month-end, call 800 TIAA-CREF (800 842-2273).

Annuity account options are available through annuity contracts issued by TIAA or CREF. These contracts are designed for retirement or other long-term goals, and offer a variety of income options, including lifetime income. Payments from the variable annuity accounts are not guaranteed and will rise or fall based on investment performance. Mutual funds do not offer the range of income options available through annuities.

There are inherent risks in investing in mutual funds and variable annuity accounts including loss of principal. Please be sure to read carefully the notes that appear at the end of this section for details.

EQUITIES As of 06/30/2010			Total Returns		Average Annual Total Returns				Gross/Net Expense Charge	Fee Waiver Expiration
VARIABLE ANNUITY	Ticker Symbol	Inception Date	3-Month	YTD	1 Year	5 Year	10 Years	Since Inception		
CREF Equity Index Account Account Number: 008 Share Class: N/A See notes: 25, 34, 105	--	04/29/94	-11.36%	-6.20%	15.31%	-0.86%	-1.27%	6.96%	0.39%/0.39%	--
CREF Stock Account Account Number: 002 Share Class: N/A See notes: 25, 34, 105	--	08/01/52	-11.90%	-7.64%	14.08%	0.10%	-0.69%	9.51%	0.44%/0.44%	--
MUTUAL FUND										
Columbia Mid Cap Index Fund Fund Number: 1145 Share Class: Z See notes: 34, 40, 121	NMPAX	03/31/00	-9.69%	-1.48%	24.62%	2.14%	5.11%	4.63%	0.25%/0.25%	--
Columbia Small Cap Value Fund I Fund Number: 609 Share Class: Z See notes: 34, 40, 121	CSCZX	07/28/95	-8.49%	-0.56%	23.28%	2.13%	8.02%	8.42%	1.08%/1.08%	--
Eaton Vance Large-Cap Value Fund Number: 594 Share Class: A See notes: 34, 40, 121	EHSTX	09/23/31	-13.31%	-8.28%	11.41%	-0.24%	3.90%	9.10%	1.03%/1.03%	--
Lazard Emerging Markets Fund Number: 623 Share Class: N/A See notes: 34, 40, 121, 1205	LZOEX	01/08/97	-9.03%	-3.61%	24.59%	13.53%	11.83%	8.19%	1.55%/1.55%	--
Prudential Jennison Mid-Cap Growth Fund Fund Number: 1261 Share Class: A See notes: 34, 40, 121	PEEAX	12/31/96	-7.91%	-2.06%	20.95%	5.55%	0.11%	8.35%	1.21%/1.21%	--



EQUITIES As of 06/30/2010

	Ticker Symbol	Inception Date	Total Returns		Average Annual Total Returns				Gross/Net Expense Charge	Fee Waiver Expiration
			3-Month	YTD	1 Year	5 Year	10 Years	Since Inception		
MUTUAL FUND										
Prudential Jennison Small Company Fund Fund Number: 620 Share Class: Z See notes: 34, 40, 121	PSCZX	03/01/96	-8.68%	-1.48%	22.08%	3.05%	5.73%	7.39%	0.93%/0.93%	--
T. Rowe Price Institutional Large Cap Growth Fund Fund Number: 385 Share Class: Institutional See notes: 34, 40, 121, 301	TRLGX	10/31/01	-12.48%	-9.14%	14.85%	0.57%	--	3.53%	0.57%/0.57%	04/30/11
Thornburg International Value Fund Fund Number: 571 Share Class: R5 See notes: 34, 40, 121, 301	TIVRX	02/01/05	-9.18%	-7.48%	11.04%	5.96%	--	6.17%	1.08%/0.99%	02/01/11
TIAA-CREF International Equity Index Fund Fund Number: 027 Share Class: Retirement See notes: 34, 301, 1203	TRIEX	10/01/02	-14.65%	-13.95%	4.55%	0.57%	--	7.59%	0.42%/0.41%	01/31/11
TIAA-CREF Mid-Cap Value Fund Fund Number: 016 Share Class: Retirement See notes: 34, 302	TRVRX	10/01/02	-11.55%	-5.20%	18.87%	1.01%	--	9.80%	0.81%/0.81%	01/31/11
TIAA-CREF S&P 500 Index Fund Fund Number: 018 Share Class: Retirement See notes: 34, 301	TRSPX	10/01/02	-11.48%	-6.81%	14.01%	-1.09%	--	4.23%	0.36%/0.34%	01/31/11
TIAA-CREF Small-Cap Blend Index Fund Fund Number: 024 Share Class: Retirement See notes: 34, 301, 1203	TRBIX	10/01/02	-9.92%	-2.08%	21.14%	0.15%	--	7.79%	0.48%/0.40%	01/31/11
TIAA-CREF Social Choice Equity Fund Fund Number: 012 Share Class: Retirement See notes: 34, 301	TRSCX	10/01/02	-10.93%	-5.98%	17.53%	0.12%	--	5.52%	0.49%/0.47%	01/31/11

REAL ESTATE As of 06/30/2010

	Ticker Symbol	Inception Date	Total Returns		Average Annual Total Returns				Gross/Net Expense Charge	Fee Waiver Expiration
			3-Month	YTD	1 Year	5 Year	10 Years	Since Inception		
VARIABLE ANNUITY										
TIAA Real Estate Account Account Number: 009 Share Class: N/A See notes: 25, 34, 105	--	10/02/95	4.44%	2.41%	-10.19%	-2.34%	2.83%	4.66%	1.06%/1.06%	--

FIXED INCOME As of 06/30/2010

	Ticker Symbol	Inception Date	Total Returns		Average Annual Total Returns				Gross/Net Expense Charge	Fee Waiver Expiration
			3-Month	YTD	1 Year	5 Year	10 Years	Since Inception		
VARIABLE ANNUITY										
CREF Bond Market Account Account Number: 005 Share Class: N/A See notes: 25, 34, 105	--	03/01/90	3.17%	5.16%	9.86%	4.65%	5.97%	6.84%	0.41%/0.41%	--
CREF Inflation-Linked Bond Account Account Number: 010 Share Class: N/A See notes: 25, 34, 105	--	05/01/97	3.92%	4.25%	9.20%	4.49%	6.99%	6.45%	0.41%/0.41%	--

MUTUAL FUND

Templeton Global Bond Fund Fund Number: 1126 Share Class: A See notes: 34, 40, 121, 301	TPINX	09/18/86	-2.53%	3.67%	14.02%	10.66%	11.08%	8.47%	0.96%/0.94%	N/A
TIAA-CREF High-Yield Fund Fund Number: 355 Share Class: Retirement See notes: 34, 301, 1203	TIHRX	03/31/06	0.08%	4.01%	19.39%	--	--	6.29%	0.71%/0.65%	01/31/11

MONEY MARKET As of 06/30/2010

			Yields	Total Returns		Average Annual Total Returns				Gross/Net Expense Charge	Fee Waiver Expiration
VARIABLE ANNUITY			7-Day Current Yield*	3-Month	YTD	1 Year	5 Year	10 Years	Since Inception		
Ticker Symbol	Inception Date										
CREF Money Market Account Account Number: 003 Share Class: N/A See notes: 25, 30, 34, 78, 105	--	04/01/88	0.00%	0.00%	0.00%	0.01%	2.76%	2.56%	4.30%	0.38%/0.38%	--

GUARANTEED As of 06/30/2010

				Rates of Return			
GUARANTEED ANNUITY				1 Year	5 Year	10 Years	Current Rate
TIAA Traditional Account Account Number: 001 Share Class: N/A See notes: 26, 32, 105				3.00%	3.59%	5.88%	2.75%

MULTI-ASSET As of 06/30/2010

			Total Returns		Average Annual Total Returns				Gross/Net Expense Charge	Fee Waiver Expiration
MUTUAL FUND			3-Month	YTD	1 Year	5 Year	10 Years	Since Inception		
Ticker Symbol	Inception Date									
American Funds American Balanced Fund Fund Number: 1098 Share Class: R4 See notes: 34, 40, 121, 302	RLBEX	06/21/02	-6.86%	-2.95%	13.02%	1.33%	--	3.97%	0.67%/0.67%	N/A
American Funds Capital Income Builder Fund Fund Number: 1106 Share Class: R4 See notes: 34, 40, 121	RIREX	05/20/02	-7.19%	-6.19%	9.28%	2.12%	--	5.07%	0.70%/0.70%	--
TIAA-CREF Lifecycle 2010 Fund Fund Number: 135 Share Class: Retirement See notes: 34, 132, 301	TCLEX	10/15/04	-4.78%	-1.68%	11.80%	1.91%	--	2.93%	0.91%/0.65%	01/31/11
TIAA-CREF Lifecycle 2015 Fund Fund Number: 136 Share Class: Retirement See notes: 34, 132, 301	TCLIX	10/15/04	-6.05%	-2.59%	12.20%	1.41%	--	2.63%	0.93%/0.67%	01/31/11
TIAA-CREF Lifecycle 2020 Fund Fund Number: 137 Share Class: Retirement See notes: 34, 132, 301	TCLTX	10/15/04	-7.30%	-3.64%	12.35%	0.75%	--	2.10%	0.93%/0.67%	01/31/11
TIAA-CREF Lifecycle 2025 Fund Fund Number: 138 Share Class: Retirement See notes: 34, 132, 301	TCLFX	10/15/04	-8.41%	-4.54%	12.72%	0.12%	--	1.63%	0.96%/0.69%	01/31/11
TIAA-CREF Lifecycle 2030 Fund Fund Number: 139 Share Class: Retirement See notes: 34, 132, 301	TCLNX	10/15/04	-9.67%	-5.68%	12.84%	-0.52%	--	1.03%	0.98%/0.71%	01/31/11
TIAA-CREF Lifecycle 2035 Fund Fund Number: 140 Share Class: Retirement See notes: 34, 132, 301	TCLRX	10/15/04	-10.87%	-6.74%	12.75%	-0.78%	--	0.88%	0.98%/0.72%	01/31/11
TIAA-CREF Lifecycle 2040 Fund Fund Number: 141 Share Class: Retirement See notes: 34, 132, 301	TCLOX	10/15/04	-10.77%	-6.62%	12.94%	-0.43%	--	1.25%	0.97%/0.72%	01/31/11
TIAA-CREF Lifecycle 2045 Fund Fund Number: 522 Share Class: Retirement See notes: 34, 132, 301	TFRX	11/30/07	-10.81%	-6.68%	12.72%	--	--	-11.48%	1.45%/0.72%	01/31/11
TIAA-CREF Lifecycle 2050 Fund Fund Number: 525 Share Class: Retirement See notes: 34, 132, 301	TLFRX	11/30/07	-10.66%	-6.66%	12.94%	--	--	-11.54%	1.91%/0.71%	01/31/11
TIAA-CREF Lifecycle Retirement Income Fund Fund Number: 528 Share Class: Retirement See notes: 34, 132, 301	TLIRX	11/30/07	-3.08%	-0.31%	10.78%	--	--	-1.77%	1.41%/0.65%	01/31/11

*The current yield more closely reflects the earnings of this investment choice.

IMPORTANT INFORMATION

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- 34 The returns quoted represent past performance, which is no guarantee of future results. Returns and the principal value of your investment will fluctuate. Current performance may be higher or lower than that shown above, and you may have a gain or a loss when you redeem your mutual fund shares/annuity account accumulation units. For current performance information, including performance to the most recent month-end, call 800 TIAA-CREF (800 842-2273).
- 78 An investment in the CREF Money Market Account is not a deposit of any bank and is neither insured nor guaranteed by the Federal Deposit Insurance Corporation or any other U.S. government agency.**
- 30 The 7-day money market yield listed more closely reflects the current earnings of the money market annuity account than does the total return.
- 25 All CREF accounts estimate expenses each year based on projected expense and asset levels. Differences between actual expenses and the estimate are adjusted quarterly and are reflected in current investment results. Historically, adjustments have been small.
- 26 The TIAA Traditional Annuity guarantees principal and a specified interest rate (based on TIAA's claims paying ability). It also offers the potential for greater growth through additional amounts, which may be declared on a year-by-year basis by the TIAA Board of Trustees. These additional amounts, when declared, remain in effect for the "declaration year" which begins each March 1.
- 32 Interest credited to TIAA Traditional Annuities includes a guaranteed rate of between 1% and 3%, plus any additional amounts that are established on a year-by-year basis. The additional amounts, when declared, remain in effect through the "declaration year," which begins each March 1.
- 40 Accumulations in mutual funds not managed by TIAA-CREF may be subject to administrative charges. These charges are subject to change. Please review current documents related to your plan.
- 105 Annuities are designed for retirement savings or for other long-term goals. They offer several payment options, including lifetime income. Payments from TIAA and CREF variable annuities are not guaranteed, and the payment amounts will rise or fall depending on investment returns. Mutual funds do not offer the range of income options available through annuities.
- 132 As Target Retirement Date Funds are actively managed, their asset allocations are subject to change and may vary from those indicated. They invest in many underlying funds and are exposed to the risks of different areas of the market. The higher a fund's allocation to stocks, the greater the risk. After the target date has been reached, some of these funds may be merged into a fund with a more stable asset allocation. In addition to the fund level expenses these funds are also subject to the expenses of their underlying investments. Please consult the prospectus for more complete information.
- 1203 Shares held less than 60 calendar days may be subject to a 2.00% redemption fee. Please see the prospectus for details. The fund performance shown does not reflect the deduction of this fee. Had the fee been deducted, returns would have been lower.
- 1205 Shares held less than 30 calendar days may be subject to a 1.00% redemption fee. Please see the prospectus for details. The fund performance shown does not reflect the deduction of this fee. Had the fee been deducted, returns would have been lower.
- 301 The net annual expense reflects a contractual reimbursement of various expenses by the fund's advisor. This reimbursement may be discontinued at any time.
- 302 The net annual expense charge for this fund reflects a voluntary reimbursement of various expenses by the fund's adviser. This reimbursement may be discontinued at any time.

You should consider the investment objectives, risks, charges and expenses carefully before investing. Please call 877 518-9161 or go to www.tiaa-cref.org for a prospectus that contains this and other information. Please read the prospectus carefully before investing. TIAA-CREF Individual & Institutional Services, LLC, and Teachers Personal Investors Services, Inc., members FINRA, distribute securities products. Annuity contracts and certificates are issued by Teachers Insurance and Annuity Association (TIAA) and College Retirement Equities Fund (CREF), New York, NY.

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