

AMERICAN FUNDS CAPITAL WORLD GROWTH AND INCOME FUND

R5 CLASS

EQUITIES | FOREIGN

AS OF 3/31/2010

Portfolio Net Assets \$77.77 Billion	Inception Date 5/15/2002	CUSIP 140543836	Symbol RWIFX	Benchmark Index MSCI World NR USD	Expense Ratio¹ Gross 0.53% Net 0.53%
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PORTFOLIO STRATEGIES

The investment seeks long-term growth of capital while providing current income. The fund invests, on a global basis, in common stocks that are denominated in U.S. dollars or other currencies. It may also hold cash or money market instruments.

MORNINGSTAR CATEGORY

World Stock

MORNINGSTAR RATING™

Overall	3 Years	5 Years	10 Years
★★★★	★★★★	★★★★	—
565	565	456	N/A

The Overall Morningstar Rating is based on risk-adjusted return, and is a weighted average of the applicable 3-, 5-, and 10-year Ratings.

MORNINGSTAR STYLE BOX™

	Value	Blend	Growth
Large			
Medium			
Small			

The Morningstar Style Box™ reveals a fund's investment strategy. For equity funds, the vertical axis shows the market capitalization of the stocks owned and the horizontal axis shows investment style (value, blend or growth).

LEARN MORE ABOUT OUR INVESTMENTS

For more information please contact:
800 TIAA-CREF (800 842-2273)
 Weekdays 8 a.m. to 10 p.m. ET,
 Saturdays 9 a.m. to 6 p.m. ET,
 or tiaa-cref.org

PERFORMANCE

	TOTAL RETURN		AVERAGE ANNUAL TOTAL RETURN				
	3 Months	YTD	1 Year	3 Years	5 Years	10 Years	Since Inception
American Funds Capital World Growth and Income Fund	0.25%	0.25%	48.39%	-1.90%	6.38%	-	9.05%
MSCI World NR USD ²	3.24%	3.24%	52.37%	-5.41%	2.89%	-	-
Morningstar World Stock Average	3.10%	3.10%	53.52%	-4.21%	3.89%	-	-

The returns quoted represent past performance, which is no guarantee of future results. Returns and the principal value of your investment will fluctuate. Current performance may be higher or lower than that shown above, and you may have a gain or a loss when you redeem your mutual fund shares/annuity account accumulation units. For current performance information, including performance to the most recent month-end, call 800 TIAA-CREF (800 842-2273).

¹ Accumulations in mutual funds not managed by TIAA-CREF may be subject to administrative charges. These charges are subject to change. Please review current documents related to your plan.

² The comparative indices used for this investment product have been provided by Morningstar Inc. and may not match those that appear in other websites or publications.

ABOUT THE BENCHMARK

The MSCI World Index is an aggregate of 23 indexes in developed markets, including the United States. You cannot invest directly in any index.

HYPOTHETICAL GROWTH OF \$10,000

An investment of \$10,000 on May 31, 2002 would have been worth \$19,890 on March 31, 2010, including the reinvestment of dividends and distributions.



The chart illustrates the performance of a hypothetical \$10,000 investment made in the account on the date indicated. The account total returns are not adjusted to reflect sales charges or the effects of taxation, but are adjusted to reflect actual ongoing fund expenses, and assume reinvestment of dividends and capital gains, net of all recurring costs.

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AS OF 3/31/2010

PORTFOLIO COMPOSITION (As of 3/31/10)

Sector	% of Portfolio Investments
Financial Services	19.9%
Consumer Goods	16.4%
Telecom	11.0%
Healthcare	9.1%
Energy	8.8%
Industrial Materials	8.5%
Utilities	6.7%
Consumer Services	5.5%
Business Services	5.1%
Software	4.1%

TOP 10 HOLDINGS³ (As of 03/31/10)

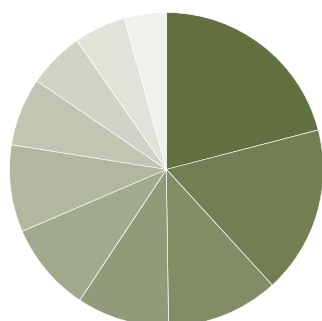
Issuer	% of Net Assets
Microsoft Corp	2.96%
Banco Santander SA	2.12%
Bayer AG	2.11%
Novartis AG	2.02%
GDF Suez	1.86%
AT&T Inc.	1.81%
America Movil S.A.B. de C.V. ADR L	1.49%
Philip Morris International Inc	1.48%
Merck & Co Inc	1.45%
BNP Paribas	1.29%

PORTFOLIO STATISTICS

	Portfolio	Benchmark
Beta (3 Yr Previous)	0.99	-
Standard Deviation (3 Yr Previous)	22.02	-
Please refer to Portfolio Statistics Definitions section.		

TOP 5 COUNTRIES (As of 3/31/2010)

Country	% of Portfolio Investments
United States	28.3%
France	9.2%
United Kingdom	8.4%
Switzerland	6.7%
Germany	6.4%



IMPORTANT INFORMATION

³ The top 10 holdings are subject to change and may not be representative of the fund's current or future investments. The holdings listed only include the fund's long-term investments. Money market instruments and/or futures contracts, if applicable, are excluded. The holdings do not include the fund's entire investment portfolio and should not be considered a recommendation to buy or sell a particular security.

American Funds Capital World Growth and Income Fund is offered through a TIAA-CREF pension plan at net asset value (NAV) and the performance is displayed accordingly. Performance at NAV does not reflect sales charges, which are waived through your pension plan. If included, the sales charges would have reduced the performance quoted.

TIAA-CREF Individual & Institutional Services, LLC, and Teachers Personal Investors Services, Inc., members FINRA, distribute securities products. You should consider the investment objectives, risks, charges and expenses carefully before investing. Please call 877 518-9161 for a prospectus that contains this and other information. Please read the prospectus carefully before investing.

DATA SOURCE

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MORNINGSTAR DISCLOSURE

The Morningstar Category classifies a fund based on its investment style as measured by underlying portfolio holdings (portfolio statistics and compositions over the past three years). If the fund is new and has no portfolio, Morningstar estimates where it will fall before assigning a more permanent category. When necessary, Morningstar may change a category assignment based on current information.

To determine a fund's star rating for a given time period (three, five, or 10 years), the fund's risk-adjusted return (including the effects of sales charges, loads and redemption fees) is plotted on a bell curve. The top 10% of funds in each category receive 5 stars, the next 22.5% receive 4 stars, the next 35% earn 3 stars, the next 22.5% receive 2 stars, and the bottom 10% receive 1 star. Morningstar Rating™ is for individual share classes only. Other classes may have different performance characteristics.

A NOTE ABOUT RISKS

In general, the value of foreign equity funds or variable annuity accounts will fluctuate based on the share prices of the individual companies in which they invest. An investment in a foreign equity fund or variable annuity account may be subject to all or some of the following principal investment risks:

Foreign Investment Risk, the risk that securities of foreign issuers may lose value because of erratic market conditions, economic and political instability or fluctuations in currency exchange rates; **Market Risk**, the risk that the price of securities may fall in response to economic conditions; **Company Risk**, the risk that the financial condition of a company may deteriorate, causing a decline in the value of the securities it issues; **Style Risk**, the risk that a fund's/account's investing style may lose favor in the marketplace; **Large-Cap Risk**, the risk that large companies may grow more slowly than the overall market; **Small-Cap/Mid-Cap Risk**, the risk that smaller company securities may be more volatile than those of larger ones; **Active Management Risk**, the risk that a fund/account may underperform because of the allocation decisions or individual security selections of its portfolio manager; **Index Risk**, the risk that a portfolio's performance may not match that

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of its benchmark index. The risk of foreign investment often increases within emerging market countries. For a detailed discussion of risk, please consult the prospectus.

PORTFOLIO STATISTICS DEFINITIONS

Beta The systematic risk of a portfolio. A beta of 1.00 means the fund varies in tandem with the benchmark.

Standard Deviation A statistical measure of how much a return varies over an extended period of time. The more variable the returns, the larger the standard deviation.